

# Good Marning!

Start your day the right way with a wholesome & hearty Four Season's traditional Irish breakfast.

## To Drink

Choose from a selection of Fresh Juice:
Orange, apple, fruit & mint infused spring water

Choose from either Freshly Brewed Tea or Coffee Additional cost for speciality teas or coffees

## Continental Breakfast

THE A

Choose from a Variety of Cereals:
Porridge, Cornflakes & Rice Krispies (10 & 11)

Choose from a Selection of Yogurts;
Plain, natural, strawberry, raspberry, apricot & mixed berry (2)

## Vegan Continental Breakfast

Porridge (11)

Fresh Fruit Salad

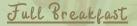
Gluten Free & Vegetarian Continental

Breakfast

Cornflakes

Fresh Fruit Salad

Continental Breakfast | €11.50 per guest



Sausage, bacon, black & white pudding, potato bread, grilled tomato, sautéed mushrooms & choice of egg (1, 2, 8 & 11)

#### Vegetarian Full Breakfast

Grilled tomato, potato bread, sautéed mushrooms & choice of egg (1, 2, 8 & 11)

#### Vegan Breakfast

Sausage, grilled tomato & sautéed mushrooms (8)

#### Gluten Free Breakfast

THE M

Sausage, bacon, black & white pudding, grilled tomato & choice of egg (1)

## Fish & Egg Breakfast

Smoked salmon with scrambled eggs & toast (1 & 5)

#### <u>Decisions</u> Decisions

Choice of eggs;
Fried, poached, boiled & scrambled (1)

Choice of toast;
Brown, white, wholemeal & homemade Guinness brown bread (11)

Full breakfast | €13.95 per guest

#### Allergens

- 1. Eggs 2. Milk 3. Shellfish 4. Molluscs 5. Fish 6. Peanuts
- 7. Sesame 8. Soya 9. Sulphur Dioxide 10. Nuts 11. Cereals 12. Celery 13. Mustard 14. Lupin